

Updated January 13, 2018

**GLIDE WAX RECOMMENDATION**

# Toko

<b>DATE</b>	<b>PLACE</b>	<b>EVENT</b>	<b>WAXING-MEETING PLACE</b>
Sunday 01/14/18	Kincaid-Park	AMH Cup Skiathlon	Annex

		<i>Snow</i>	<i>Snow tape</i>	<i>Humidity</i>	<i>1-layerBase wax</i>	<i>2-layer</i>	<i>High Fluor</i>
<i>Skis #</i>	<i>Grind-Structure</i>	<i>Temperature</i>					
U12-U16	wet	25-35F	mix	75%>	Toko NF-Red	Toko LF-Red	TBA at Annex
Seniors Masters	wet	25-35	mix	75%>	Toko NF-red	Toko HF-Red/CP Mix 1-1	TBA at Annex

**Note:**

- Before waxing please clean up your skis with fibretex abrasive (in one direction) (white non-abrasive- back and forward)
- Apply the first layer, cool down 5 minutes and apply the second layer
- Cool down 5-15 minutes in room's temperature
- Scrape the wax from skis
- Brush off the wax with bronze or cooper brush (one direction)
- Finish brushing with nylon brush (back and forward)
- Last step-Use nonabrasive fibretex to polish your skis and ski edges.
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**KICK WAX**

clean up your kicking zone

TBA at Annex at 11AM